

STICO introduces sustainable, ready-to-heat snacks



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[STICO](#) is redefining premium snacking with bite-sized savory dough creations that balance flavor, convenience and sustainability. Each snack can be heated quickly in a galley oven.

Crafted by Belgian chefs from fresh ingredients, the brand's portfolio spans vegetarian, meat, seafood and dessert options. Flavors include Salmon & Spinach, Spicy Mexican, Ham & Cheese, Tom Kha Kai, Speculoos and more.

The meal features a golden outer shell with 60 percent filling. The stick is edible, reducing waste. Developed for the travel and catering market, STICO is designed to be simple to prepare, quick to consume and easy to handle.