

Japan Airlines introduces vegetarian menus with Torizen



Sample Economy Class Inflight Meal on Narita-India Routes

Japan Airlines ([JAL](#)) has introduced an authentic vegetarian menu supervised by [Torizen](#)—a historic Japanese culinary institution established in the Meiji era—as a standard meal option in Economy Class on routes from Narita ([NRT](#)) to India, active since June.

Building upon this success, the partnership will expand this month to encompass Asian Vegetarian Meals (AVML) offered as special inflight dining options across international flights departing from Japan.

Background and culinary craftsmanship

"On routes to India, the focus has been on creating dishes that appeal to both Indian travelers seeking authentic regional flavors and Japanese passengers accustomed to refined culinary balances," the airline said in its September 2 press release. "This journey began with the discovery of Torizen's authentic curries, sparking a collaborative movement to bring uncompromising, genuine culinary excellence to the skies."

Since its debut, the menu has become a preferred choice among passengers. The dish delivers rich, deeply satisfying flavor profiles through Torizen's seasoning techniques combined with vibrant, aromatic spices.

Economy Class main meal collaboration

In June, JAL introduced the Torizen-supervised vegetarian meal as an option for the primary dining service in Economy Class on NRT-India routes.

Developed by Torizen, the menu blends refined Japanese culinary expertise with rich spice formulations. According to JAL, the resulting profile has earned high acclaim from passengers for offering a deeply satisfying dining experience.

- Eligible Routes: NRT to [DEL](#), NRT to [BLR](#)
- Class: Economy Class

Expansion to Special Meal option: Asian Vegetarian Meal (AVML)

In response to high demand and positive passenger response, the supervision by Torizen will expand to the Asian Vegetarian Meal (AVML) special inflight dining menu starting September 1. This authentic dining experience will become available across key international departures from Japan.

- Eligible Routes: International flights departing from Japan (select routes excluded)
- Eligible Classes: First Class, Business Class, Premium Economy Class and Economy Class