
FlyFit hydration tablets now on Emirates

By **Jane Hobson** on October, 22 2019 | Catering



FlyFit has announced that its FlyFit Flow Hydration tablet® is now available to [Emirates](#)' first-class passengers globally.

Launched on the airline in early-October, the tablets are developed with vitamins, minerals and Fruitflow® – derived from tomato seeds – to help maintain healthy blood flow during flight. They help prevent travel fatigue, support the immune system and promote circulation.

“Fruitflow is clinically proven to support normal platelet aggregation,” says a release from FlyFit. “It is recommended to consume one tablet just before or during take-off or at the beginning of a longer period of physical inactivity.”

FlyFit Flow Hydration tablets are available in a variety of flavors, including raspberry, lime, cranberry and maracuja-peach. They come in a tube of 10 or as a single tablet. FlyFit Flow Hydration tablets [debuted on the market in March](#).