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# Inflight meditation comes to Qantas

By **Rachel Debling** on May, 30 2018 | Inflight Entertainment



Starting in June, [Qantas](#) will release a series of meditation videos as a way to help their customers relax in flight.

The first 10-minute meditation video is meant to "bring a sense of calm and help customers unwind in the air," according to a release from the airline. The videos are set to aerial footage of picturesque landscapes in Australia, and guests can choose from five different scenes as they listen to the guided meditation: Australian deserts, bushlands, coasts, forests and locations at twilight.

In addition, Qantas has partnered with Apple Music and Audible and extended its partner content with Stan in a move to allow customers free access to additional TV, movies, songs and audiobooks. Though paid subscription services, Apple Music, Audible and Stan will offer free on- and off-board access to Qantas customers.

"Customers tell us they value being able to take time for themselves inflight and watch a movie or read a book, and now we can help them find a little extra relaxation with guided meditation," said Qantas Chief Customer Officer Vanessa Hudson.

"Between the special offers from our content providers, programs on seatback screens and Wi-Fi rolling out on domestic aircraft, there will be no shortage of entertainment on board," Hudson continued.

Our customers watched 22 million hours of inflight entertainment last year, so we know a lot of people enjoy being able to catch up on their favorite TV shows when they fly or watch movies they didn't get to see at the cinema."

An immersive virtual reality (VR) version of the meditation videos can be downloaded before traveling via the [Qantas VR App](#).