Get the burn through layover at YYZ starting this fall

By **Rick Lundstrom** on May, 14 2013 | Airline & Terminal News

GoodLife Fitness Club will be opening in Terminal 1 at Toronto Pearson International Airport this September, the first ever airport location for health chain.

“I travel back and forth across the country on almost a weekly basis, visiting our over 300 Clubs from St. John’s, Newfoundland to Victoria, British Columbia,” said David “Patch” Patchell-Evans, GoodLife Founder & CEO. “Since we have over 80 Clubs in the Greater Toronto Area, I land at Toronto Pearson most of the time and I kept thinking that it would be amazing to have one of our clubs in the Terminal so that I could work out while I was waiting for my flight. I knew that this would be great for other travelers and our members too. Luckily, the Greater Toronto Airports Authority (GTAA) Team agreed!”

“We’re also pleased to be able to provide airport employees access to the facility and support a healthy living lifestyle,” said Howard Eng, President and CEO for the GTAA. “We could not think of a better way to provide a healthy and positive environment at Toronto Pearson than through the partnership with GoodLife Fitness.”

Working out while traveling can reduce stress, improve the flight experience and relax and energize muscles to fight fatigue and jetlag. Workout gear will be available for sale at the gym

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