
Rolling spa launched this spring on Royal Scotsman

By **Rick Lundstrom** on July, 12 2017 | Catering



In April this year, Europe's first spa on wheels: The Bamford Haybarn Spa carriage aboard the [Belmond Royal Scotsman](#) train, a member of [Luxury Scotland](#) began serving passengers.



The spa, which opened April 17, features bespoke Bamford treatments for passengers traveling on special rail journeys throughout Scotland and Great Britain.

Individually crafted spa treatments include facial reflexology, lymphatic drainage, stimulating lifting and ancient yogic breathing, and are finished with a deep tissue back massage focusing on Shiatsu pressure points with hot stones to release tension and promote deep relaxation.

"The Haybarn Spa was designed using sustainable wood from Scotland and the Cotswolds, and features two relaxing single treatment rooms with picture windows looking out onto the beautiful Scottish countryside," said a release from the rail line.



“We are excited to launch our first spa carriage - we are now able to offer our guests a new way to relax, de-stress and slow down and to reflect on their journey with us,” commented Gary Franklin, Managing Director, Belmond Trains and Cruises. “Train journeys are incredibly relaxing and the new Haybarn Spa offers an another way to take time and reconnect with the things that are important while travelling through stunning Scottish scenery.”

British wellness brand [Bamford](#) was established in 2006 and is inspired by nature, with botanical skincare collections and holistic treatments that are made using organic ingredients certified by the Soil Association. Its Geranium, Lavender and Peppermint Botanical collection has also been selected by Belmond as the complimentary bath amenities in each cabin.

Belmond Royal Scotsman offers itineraries ranging from two to seven nights departing from Edinburgh and travelling past sweeping glens, towering peaks and black-mirrored lochs across the Scottish Highlands. The ‘country house on wheels’ features exquisitely appointed cabins with personal steward service. Authentic Scottish dishes complement the highland experience and the observation car, with its open veranda and comfortable interior seating, provides the ideal spot to take in the passing landmarks such as the Kyle of Lochalsh and Cairngorms National Park, whilst sampling a wide choice of Scottish whiskies from the bar.

